

Health Fund List Professional Benefits

Effective 1 April 2015



AUSTRALIAN
PILATES METHOD
ASSOCIATION

HEALTH FUND LIST PROFESSIONAL BENEFITS

As an Australian organization, the APMA is chartered to be active in improving the local professional and legal climate for our membership. This includes continued lobbying with the various Australian Health Funds for rebate for our services. Please find below the current Health Fund List. If you have more information about these or Funds not listed, contact the APMA Administrator.

FUND NAME	COVER LIMIT	APMA MEMBER'S INFO
Bupa	Refer client to their health fund to verify limit of cover	APMA members Level 2 and above recognised. Medical Referral by a GP or other allied Health Practitioner who has signed a 'Living Well' Programme Approval Form. The referral must state the client is attending Pilates to improve or prevent a condition.
Australian Unity	Refer client to their health fund to verify limit of cover	'Lifestyle Script' from a physiotherapist or medical practitioner for a specific condition that would benefit from Pilates and length of treatment. Clients need an itemized receipt for the classes attended. The receipt/amount must detail the APMA member's name and address on letterhead or rubber stamp, ABN number, client's name, date of service and type of service. APMA member does not need to register.
Teachers Federation Health Fund	Refer client to their health fund to verify limit of cover	APMA Registered Instructors from Level 2 & Higher recognised. Clients are required to produce an itemized receipt, which should list the dates they attended the classes, business name and ABN number. APMA member does not need to register as a general rebate.
Australian Health Management	Refer client to their health fund to verify limit of cover	Applies to level 3 and 4 APMA certification only. Health practitioner referral required prior to commencement of program.
CBHS	Refer client to their health fund to verify limit of cover	Clients are required to produce an itemized receipt, which should list the dates they attended the classes, business name and ABN number. Health practitioner referral required prior to commencement of program.
Transport Health	Refer client to their health fund to verify limit of cover	For top extras only. Association will register all APMA Level 2 & higher members. Clients are required to produce itemized receipt with APMA member name printed clearly, Studio address & phone number, Full name of member receiving instruction, Description of services provided, APMA membership number
NIB	Refer client to their health fund to verify limit of cover	Association will register all APMA Level 2 & higher members. Clients are required to produce itemized receipt with APMA Member name printed clearly, Studio address & phone number, full name of NIB member, description of service and amount due.
HBF	Refer client to their health fund to verify limit of cover	APMA member has to register individually as a provider to gain recognition. Appropriate forms can be found on the website
HCF	Refer client to their health fund to verify limit of cover	Claimable under health management program. Health practitioner referral required before commencement of program.
People Care	Refer client to their health fund to verify limit of cover	Claimable under health management program. Health practitioner referral required before commencement of program to receive benefit
Health Partners	Refer client to their health fund to verify limit of cover	For top extras only. Association will register all APMA Level 2 & higher members. Clients are required to produce itemized receipt with APMA member name printed clearly, Studio address & phone number, Full name of member receiving instruction, Description of services provided, APMA membership number